

# CLEAN COSMECEUTICALS

BY TIFFANY ANDERSEN<sup>®</sup>

EXPERIENCE A NEW KIND OF CLEAN



8PC INFINITY FAVORITES SET



# 8PC INFINITY FAVORITES

- 1oz O3 Oxy Cleanse
- 1oz Peptide Lift Serum
- 1oz Luminous Elixir
- 1oz Activated Oxygen
- (3) Kiwi Biocellulose Masques
- 1 Eye Mask

**THE CLEAN COSMECEUTICALS DIFFERENCE** Clean Cosmeceuticals™ deliver transformative skincare through bioactive, skin-friendly formulas in a proprietary base. Our mission is to educate on the Five Laws of Cellular Health, promoting healthier skin with products focused on optimizing the delivery of potent, results-driven cosmeceutical ingredients for visible, lasting benefits.

## THE FOUNDATION

Our Network of Experts Includes:

- Physicians
- A Toxicologist
- Licensed Clinical Pharmacist
- Cosmetic Chemistry Global Leaders
- Medical Atomic Physics Innovators
- Spagyric Medicine Pioneers
- Pharmaceutical and Wholefood Nutritional Supplement Creators
- Published Author (expertise included in both Milady Esthetic Fundamentals textbook as well as the Milady Advanced Esthetics 2nd Edition)
- Holistic Health Practitioners
- Holistic Aesthetics Custom Blending Masters

## CLINICALLY DEVELOPED

Clean Cosmeceuticals™ protects the skin barrier and helps boost results after treatments like Fotona, IPL and RF Microneedling. Paired with The Medispa, they're featured in 70+ luxury spas, including Four Seasons, Montage and Marriott.

**CLEAN COSMECEUTICALS** BY TIFFANY ANDERSEN® Clinically tested and toxicology verified to help reduce the appearance of wrinkles, brown spots, and collagen loss—without harsh chemicals that can cause allergic reactions on the skin after high-energy treatments.



**TIFFANY ANDERSEN  
MLSO, A.E., HHP**

Tiffany Andersen has been mastering the art of holistic esthetic custom-blending formulas for over 30 years. She intentionally selected each and every ingredient that went into her formulations after a relentless battle with Stage 4 cancer. Tiffany has been a shining light on the benefits of ozonated oils and cell salt deficiencies in skincare for over a decade and was notably awarded as a Product Innovator of the Year four years in a row through the Independent Beauty Association, a globally recognized organization.

**WHY CLEAN COSMECEUTICALS™**

All seasoned estheticians and medical professionals who work in a medical spa with lasers, RF microneedling and strong chemical peels understand that all skin issues stem from inflammatory conditions. These issues include hyperpigmentation, rosacea, acne, psoriasis and more.

When developing Clean Cosmeceuticals™ the primary focus was on how to reduce the appearance of inflammation and aid in the rejuvenation of skin barrier functions. Inflammation is the root of all chronic conditions, both intrinsic and extrinsic. When inflammation is out of control, it disrupts the natural functions of healthy epidermal tissue.

The bioactive nutrient-rich proprietary blend introduces purified molecular cell salts and ozone oils which support skin barrier function through proper fluid balance and act as a skin-friendly delivery system to effectively target epidermal layers without infusing potentially harmful chemical fillers.

*"My passion for choosing ingredients began with a focus on protecting the body as a whole and inspiring others to improve their own cellular health. I challenge you to learn more about Cell Salts and Ozone Therapy. Life is fragile and short, and my greatest desire is to help you focus on restoring your internal cellular health. When you do this first, your external beauty will shine like never before."*

*– Tiffany Andersen*

# CELL SALT DEFICIENCIES



WRINKLES



COLLAGEN  
BREAKDOWN



ACNE

# CELL SALTS

Cell salts are a vital part of our Proprietary Blend, featured in all our products. These 12 essential minerals are critical for cellular health, mimicking the body's natural chemistry and acting as catalysts to drive therapeutic ingredients deep into the skin. Unlike Himalayan or Dead Sea salts, cell salts have a unique molecular size that allows them to be absorbed into the nucleus of the cells and support cellular health when taken internally as a homeopathic remedy.

Rooted in 19th-century biochemist Dr. Schuessler's Law of Deficiency, cell salts address mineral imbalances that often manifest as visible changes in the face. As David R. Card notes in *The Facial Diagnosis of Cell Salts*, "The greater the deficiency, the greater the changes in the face." Safe and non-toxic, cell salts are suitable for everyone - including pregnant and nursing women - offer a powerful solution for restoring balance and promoting overall skin health.

## Possible Deficiency Symptoms:

- Calcium Fluoride - Cracked lips, dry skin, fine lines
- Silicea - Wrinkles, sunken eyes, crow's feet, laugh lines
- Calcium Sulphate - Age or liver spots, enlarged pores, discoloration of skin tone
- Nat Phosphate - Blackheads, acne, red nose

## TOPICAL APPLICATIONS

When used topically, cell salts migrate to the area(s) with the most mineral deficiencies for a fast and effective result, helping reduce the appearance of wrinkles, fine lines, dark spots, puffy eyes and acne.



O<sub>3</sub>

OZONE

# THE STORY OF OZONE

Ozone therapies are among the safest and most effective therapies that exist and have been used for over 50 years. Over 3,000 medical references in German literature demonstrate the effectiveness of ozone therapy. In the Western world, practitioners are gradually becoming aware of the benefits of ozone therapy, and it is currently taught at naturopathic schools of medicine.

Ozone used in cosmetic chemistry should not be confused with ozone in the air which contains nitrates and toxic gases. In cosmetic chemistry, cosmetic-grade ozone is derived from an oxygen concentrator connected to an ozone filter, then infused into a cosmetic oil to effectively capture the ozone molecules for topical application.

Simply put, ozone (O<sub>3</sub>) contains three molecules of oxygen; oxygen (O<sub>2</sub>) has two. When ozone oil is applied to the skin, the third molecule falls off allowing pure oxygen to be absorbed into the skin. Ozone has antioxidant properties and is a key component of skin barrier restoration and anti-aging.

In the skin, ozone therapy has historically shown great results with antioxidant benefits and defending the epidermal barrier from free radical damage as well as helping to improve the appearance of fibroblast tissue that produces collagen and elastin.



# O3 OXY CLEANSE

## CLEANSE + HYDRATE + PURIFY

Infused with 24 high performing ingredients including botanicals, ceramides, vitamins and trace minerals. All active ingredients are geared toward naturally destroying bacteria while calming the skin and supporting a healthy skin barrier.

**Aloe Vera Juice is a crucial ingredient in O3 Oxy Cleanse.**

A plant-rich diet is key to healthy skin flora, both topically and internally. Aloe Vera, used for over 5,000 years to treat burns, inflammation and wounds, is rich in skin-friendly nutrients like trace minerals, amino acids and salicylic acid. Its water-storing parenchyma tissues also help it withstand drought, making it an ideal base for Clean Cosmeceuticals™ skincare.

### **USAGE STEP 1:**

Cleanse first with O3 Oxy Cleanse. Then for a double cleanse mix with Activated Oxygen to create a rich oil cleanse. An oil cleanse is effective, for all skin types as oil dissolves oil and helps protect the skin barrier.

### **SKIN TIP:**

Mix three pumps of O3 Oxy Cleanse with three drops of Activated Oxygen to create an ozone oil cleanse. Gentle enough to remove eye makeup. Good for all skin types and conditions.

### **KEY ACTIVES:**

Activated Oxygen, Red Clover, Rosa Canina Fruit, Green Tea Licorice Root, Borage Extract, Cranberry Fruit, Gingko Biloba, Ginger Root Extract, Blackberry Fruit Extract, Punica Granatum Fruit Extract, Centella Asiatica Extract, Carrot Extract, Honeysuckle Flower, Panthenol Vitamin B, Crithmum Martimum



# PEPTIDE LIFT SERUM

## A V5 LIPID PEPTIDE COMPLEX

### FIRM + PLUMP + HYDRATE

Contains unprecedented levels of powerful CLEAN COSMECEUTICAL™ actives infused at 19%. No toxic fillers to create "the effect." Clean Cosmeceuticals™ simply contain pure, clean, highly concentrated clinical active ingredients that achieve the desired result. Clinically proven to reverse the appearance of extrinsic aging through a safe delivery of cosmeceutical actives in a skin-friendly bioactive base.

#### **USAGE STEP 2:**

Increase hydration and instantly plump the epidermis for a firmer, smoother appearance in texture. Use both AM and PM. Add extra around the eyes for a beautiful eye lift.

#### **SKIN TIP:**

You may notice a tight feeling when using Peptide Lift Serum full strength. This pull of the skin is often confused with feeling dry. Mix with Activated Oxygen if you feel your skin is tight or dry only if it is bothersome.

#### **SKIN TYPE:**

All skin types benefit from this peptide serum. Dry skin types can mix with a few drops of Activated Oxygen to help increase lipophilic properties and increase ceramide production. Oily skin types should use full strength.

#### **KEY ACTIVES:**

Acetyl Hexapeptide-33, Oligopeptide-51, Trifluoroacetyl Tripeptide-2, Hexapeptide-8, Hydrolyzed Rice Protein Peptide, Apply Stem Cells, Morus Alba Leaf Extract, Plankton Extract, Snow Mushroom, Bamboo Stem Cells, Kakadu Plum, Chondrus Crispus Extract, Green Tea Extract, Pullulan Extract



# CLINICAL STUDY

## ACTIVE INGREDIENTS IN PEPTIDE LIFT SERUM

**Oligopeptide-51** - Helps prevent photo-aging and stimulates collagen, making it appear more elastic, firm and hydrated.

**Acetyl Hexapeptide-8** - Helps reduce the appearance of fine lines and wrinkles caused by facial muscle contractions after 28 days.

**Hexapeptide-33** - Reduces the appearance of fine lines and wrinkles in mature skin to help improve the appearance of skin firmness in 3 days.

**Hydrolyzed Rice Protein** - 19.8% reduction in the appearance of wrinkle length in 60 days.

**Progeline® Trifluoroacetyl Tripeptide-2** - A 3-amino peptide that can help slow down the aging process and increase the appearance of firmer, more youthful skin and increased cell rejuvenation in 28 days.

IMPROVEMENT IN THE APPEARANCE OF SKIN SMOOTHNESS



BEFORE

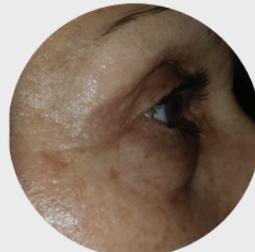


AFTER

IMPROVEMENT IN THE APPEARANCE OF SKIN LAXITY



BEFORE



AFTER



# LUMINOUS ELIXIR

## HYDRATE + PUMP + BUILD COLLAGEN

23% clinical actives carefully blended to protect the natural constituents of the skin where they function together as cellular "cementing agents," the primary structural component of the extracellular matrix, and as a reservoir for the natural moisture factors of the skin that contributes to the moisture balance necessary for attractive, healthy skin.

### **USAGE STEP 3:**

Apply two pumps daily AM and PM after Peptide Lift Serum. Mix with two pumps of Activated Oxygen to create a more lyophilic (oil loving) ceramide boosting hydrating elixir gel.

### **SKIN TIP:**

When using Luminous Elixir you may consider doing 4-5 pumps then applying the Kiwi Biocellulose Masque for 15 min to occlude the clinical actives and instantly create an at home spa cellular quench hydrating treatment.

### **SKIN TYPE:**

All skin types can benefit from using Luminous Elixir. The fruit extract complex blends in this formula help to shed dead skin cells to gently reveal a more youthful, hydrated, smoother appearance in texture.

### **KEY ACTIVES:**

Laminaria Saccharina (Alage) Extract, Snow Mushroom, Chondrus Cripus (Algae) Extract, Sodium Hyaluronate, Palmaria Palmata, Mangosteen, Oligopeptide-51, Phaseolus Radiatus Meristem Cell Extract, Bilberry Fruit, Sugar Cane Extract, Green Tea Leaf Extract, Panthenol, Goji Berry, Noni Fruit Extract, Acai Berry, Rosemary Extract, Vitamin C



# CLINICAL STUDY

## KEY INGREDIENTS IN LUMINOUS ELIXIR

**Laminaria Saccharina** - A yellow algae that helps improve skin barrier functions and restores epidermal tissue, aiding in smoother skin appearance by 26% in 30 days.

**Snow Mushroom** - 400x more hydrating than Hyaluronic Acid to dramatically reduce the signs of skin aging while instantly hydrating and providing a firmer, fuller and more glowing appearance.

**Chondrus Crispus** - A red seaweed algae that creates powerful film-forming properties as a second skin, thus improving water retention in the skin by 38% after two hours.

**Palmaria Palmata** - A red algae contains vitamin B5, B6 and B9 which dramatically helps rejuvenate new epidermal tissue aiding in the appearance of firmer skin.

**Oligopeptide-51, Mulberry, Green Tea Peptide Complex** - 75% reduction in the appearance of discoloration and age spot.

**Panthenol B5** - A powerful humectant which helps improve the feel of skin's firmness and texture.

### IMPROVEMENT IN THE APPEARANCE OF SKIN SMOOTHNESS



BEFORE



AFTER

### IMPROVEMENT IN THE APPEARANCE OF SKIN LAXITY



BEFORE



AFTER



# ACTIVATED OXYGEN

## CALM + DEFEND + DETOX

Contains 19 botanical actives making a rich ceramide oxygen oil designed to calm, protect and restore. This solution blends with almost all products. Helps to increase the lipophilic properties of Peptide Lift Serum and Luminous Elixir. All the oils in Activated Oxygen are non-comedogenic.

### USAGE STEP 4:

Blend a few drops with any of the serums, moisturizers, gels or cleansers for an instant boost of Activated Oxygen. Use full strength after any spa procedure to help restore balance and soothe irritations.

### SKIN TIP:

The size of Activated Oxygen's ceramide oil molecules enable it to slow the absorption of the chemical molecules and help alleviate some tingling. If you have any sensitivity after treatments such as CO2 exfoliating cleanse (Medispa), or laser peels apply Activated Oxygen to help calm the skin down.

Ozone O3, converts to O2 molecules of oxygen when applied to the skin and introduces intense oxygen molecules in every drop. This is your oxygen facial in a bottle. Ozone helps destroy bad bacteria and alleviate the appearance of inflammatory conditions.

### KEY ACTIVES:

Ozone Oil, Lavender Oil, Sunflower Oil, Squalane, Argan Oil, Babassu Oil, Baobab Seed, Oil, Rose Hip Oil, Undaria Pinnatifida Extract (Brown) Algae, Sodium Hyaluronate (Hyaluronic Acid), Evening Primrose Oil, Sea Buckthorn Oil, Vitamin E, Arnica Extract, Vitamin C, Brown Algae, Bellis Perennis, Swertia Chirata Extract, Hyaluronic Acid, Castor Seed Oil



CLEAN  
COSMECEUTICALS  
BY TIFFANY ANDERSEN

ACTIVATED OXYGEN

CALM • PROTECT • DETOX

30 ml • 1 fl oz

# CLINICAL STUDY

## KEY ACTIVES IN ACTIVATED OXYGEN

### Intracellular Matrix Builders

Undaria Pinnatifida Extract (Brown) Algae, Sodium Hyaluronate:

Restores the skin's matrix "glue" that holds epidermal layers together and helps restore skin's moisture barrier for a firmer, more youthful-looking glow.

### Ozonated Ceramide Oils

Activated Oxygen, Babassu Seed Oil, Baobab Seed Oil, Rose Hip Oil, Evening Primrose Oil, Sea Buckthorn Fruit Oil, Castor Seed Oil, Hydrogenated Castor Oil, Amla Oil, Sunflower Seed Oil:

Ozone helps destroy bad bacteria and alleviate the appearance of inflammatory conditions. Ceramides are the major lipids that help form the skin barrier. When the skin has a strong skin barrier, toxins, allergens and pathogens are unable to absorb and epidermal lipids are retained in the skin.

#### IMPROVEMENT IN THE APPEARANCE OF SKIN REDNESS



BEFORE



AFTER

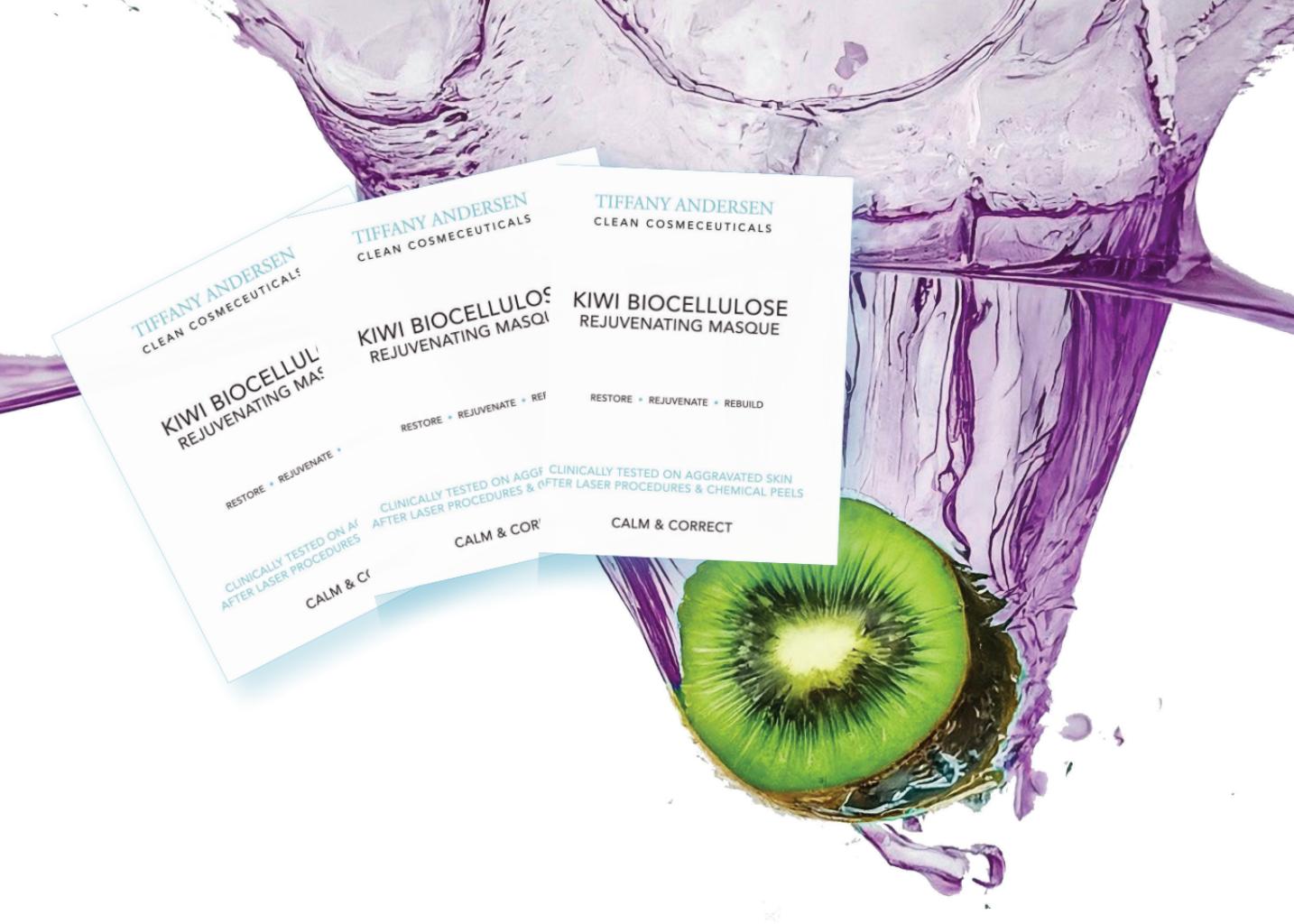
#### IMPROVEMENT IN THE APPEARANCE OF IRRITATION



BEFORE



AFTER



TIFFANY ANDERSEN  
CLEAN COSMECEUTICALS

KIWI BIOCELLULOSE  
REJUVENATING MASQUE

RESTORE • REJUVENATE •

CLINICALLY TESTED ON AGGRAVATED  
SKIN AFTER LASER PROCEDURES

CALM & COR

TIFFANY ANDERSEN  
CLEAN COSMECEUTICALS

KIWI BIOCELLULOSE  
REJUVENATING MASQUE

RESTORE • REJUVENATE • REBUILD

CLINICALLY TESTED ON AGGRAVATED SKIN  
AFTER LASER PROCEDURES & CHEMICAL PEELS

CALM & CORRECT

TIFFANY ANDERSEN  
CLEAN COSMECEUTICALS

KIWI BIOCELLULOSE  
REJUVENATING MASQUE

RESTORE • REJUVENATE • REBUILD

CALM & CORRECT

# KIWI BIOCELLULOSE MASQUE

## CALM + CORRECT + PROTECT

Kiwi fruit is one of the highest concentrations of vitamin K for a fruit. Vitamin K is the go to ingredient in most professional settings for wound healing, bruising, and surgical areas. It is particularly good for acne scars, rosacea, eczema, stretch marks and dark spots. It contains anti-inflammatory benefits to help with redness and swelling. Vitamin K is often applied to dark circles to help under the eyes and help improve skin firmness.

### USAGE MASQUE:

Once a week, apply the Peptide Lift Serum to the skin first, followed by the Kiwi Biocellulose Masque, and leave it on for 15 minutes. After removing the masque, leave the remaining serum on the skin. Lock in all the benefits with two pumps of Luminous Elixir applied after removal of the Kiwi Masque.

### KEY ACTIVES:

**Actinidia Chinensis Kiwi Fruit Extract** - Contains a variety of nutrients including C, E and high concentrations of Vitamin K as well as minerals, carotenoids, vitamins and phytochemicals. It helps with skin rejuvenation, smoothing properties and moisturizing benefits.

**Vitis Vinifera (Red Grape)** - Contains high levels of vitamin C and E anti-aging to help with anti-inflammatory and skin-whitening properties. The resveratrol properties in red grapes make it excellent to help with skin damage from UV radiation.

**Licorice Root** - Reduces the appearance of acne, rosacea, eczema and sensitive skin, helping to calm redness, irritation and itching. Licorice root's antioxidants help reduce the appearance of UV damage and protect against environmental stressors.

# DERMA SCRIPT CHEAT SHEET

| STEP | PRODUCT            | AM  | PM  | SKIN TIP   |
|------|--------------------|---|---|--|
| 1    | O3 Oxy Cleanse     |   |  | First cleanse: mix two pumps with water and cleanse face. Second cleanse: mix 1 pump O3 Oxy Cleanse with 2 pumps of Activated Oxygen to create a rich, hydrating ozonated oil cleanse. |
| 2    | Activated Oxygen   |   |  | 2 pumps into hands and prepare for blending.   |
| 3    | Peptide Lift Serum |  |  | Mix 2 pumps Peptide Lift Serum into hands with the Activated Oxygen apply to the face and neck   |
| 4    | Luminous Elixir    |  |  | Apply 1-2 pumps to the face and neck.  |
| 5    | Kiwi Biocellulose  |   |   | Use once a week as needed.   |

## SKIN TIP:

For a weekly Epidermal Lift to increase cell turnover, add in Enzyme AHA 10% bi-weekly as a replacement for Vital Hydration Cream in the evening. If you experience sensitivity, back off for a few days.

## CLINICAL DATA ON FILE

A randomized blind clinical regimen-controlled study. Clinical Testing—six-week protocol using Peptide Lift Serum, Luminous Elixir, Vital Hydration Cream and Diamond Cell Salt Polish. 30 subjects showed significant improvement in the areas of skin brightness, skin firming and skin hydration. Reference: Principal Investigating Scientific Director Toni R. Miller, PhD, DABT, BCFE. Laboratory Manager Study Director. Essex Clinical Testing. Code G64. ETC Panel No.: 1554

## COMPLIANT CLEAN COSMECEUTICALS AND FDA DISCLAIMER

All Clean Cosmeceuticals™ products meet the standardized guidelines in accordance with the FDA's definition of a topical cosmetic product that does not perform as a drug. These products are to be used for cleaning and enhancing the beauty of epidermal tissue. Clean Cosmeceuticals™ products have not been approved by the FDA and do not require this approval because they are not intended to be used as a drug to diagnose, treat, cure or prevent any disease or condition that requires medical oversight. Regardless of how our ingredients may be used in other countries or by other companies in the United States, under FDA law in the US, it is illegal for a manufacturer to make any medical claims for topical health conditions. None of the products offered for sale on our website or direct to retail customers are intended to be used in the treatment or mitigation of any topical disease state. All statements made by Clean Cosmeceuticals™ or the Clean Cosmeceuticals Institute™ are intended for informational and research purposes only. Any health decisions (topical or internal) are to be made under the advice of your health care professional. Women nursing, pregnant or considering pregnancy should consult their Health Care Practitioner before using any of our products for a topical condition that needs a doctor's advice.

## SIDE EFFECTS AND ALLERGIC REACTIONS

Rare but possible side effects may occur when using the Medispa device with Clean Cosmeceuticals™ including scratchy feeling skin, stinging sensation during the treatment, a temporary tightness or full feeling of the face due to swelling from increased heat. Discontinue use of the treatments if any of these symptoms last longer than ten minutes. Exercise caution with clients who are pregnant, have cancer or immune disorders or are undergoing chemotherapy.

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